

Menaal was born with Thalassemia Major, a lifelong blood condition, only curable via a bone marrow transplant (BMT). From the age of just 6 weeks old, she depended on blood transfusions, every 3-5 weeks. At the age of 17, she underwent a BMT to cure her of Thalassemia, but unfortunately, due to complications, she passed away less than a month after her 18th birthday.

During her short but beautiful life, Menaal received around 270 blood transfusions. These regular transfusions helped Menaal live her life to the fullest, safe in the knowledge that the next blood transfusion would keep her feeling well. Furthermore, during the 2.5 months that she was in the hospital for her BMT through to her untimely passing, she not only depended on the blood transfusions as she had always done, but also needed platelets and plasma too - sometimes daily.

As such, we are acutely aware of just how important these blood products are and the difference your donation can make to the lives of those who depend on them. Please spread the word, this truly is an easy way to save lives

## Blood Donation Event

**December 30<sup>th</sup>, 2025**

**8:00 am - 1:20 pm**

Calgary Blood Donor Centre  
207, 9<sup>th</sup> Avenue SW  
Parking at the Calgary Tower Parkade 6<sup>th</sup> Floor



**Scan** the QR code above to join the **Menaal4Life** team and book your appointment now

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**@Menaal\_Slaying**